



Activities

****We suggest that you contact these operators at least 1 month in advance if you will be in Whistler over the XMAS/New Years Holiday period****

Family Fun

Whether summer or winter, there's a variety of activities that the whole family can enjoy. Movies, an entertainment centre with bowling and video games, a heritage museum, an indoor climbing wall, a trapeze, in-line skate park, mini-golf, and even a mountain roller coaster - something for everyone! Plus the Meadow Park Sports Centre (Tel#: (604)935-PLAY) is a full-facility recreation centre featuring a leisure and adult pool, fitness centre, spa, ice arena and squash courts.

Backcountry Operators:

Whistler isn't just about skiing. The Pemberton Ice-caps just 20 minutes north of Whistler offer an enormous expanse of high alpine terrain stretching for hundreds of miles. Experience some of the finest Snowmobiling in the world, introductory ice climbing, private guiding into backcountry powder runs or other outdoor activities listed below & coordinated by the following operators:

- Snowmobiling
- Dog Sledding
- Snowshoeing
- Snowcat rides
- ATV
- Hiking
- Ice Climbing
- And many more!!

Company	Local Phone	Toll Free	Web Site
Valley Fishing Guides Ltd.	604-935-3474	877-858-7688	http://www.valleyfishing.com/
Outdoor Adventures @ Whistler	604-932-0647		http://www.adventurewhistler.com
Cougar Mountain			http://www.whistlerbackcountry.com
Whistler Alpine Guides	604-938-9242		

Cross Country Skiing

Over 28 kilometers of track-set cross-country trails take skiers through scenic Lost Lake Park, the Chateau Whistler Golf Course, and Nicklaus North Golf Course. Different routes are available for all levels of skiers. Trail maps and rental equipment are available in sports shops throughout the village. Season normally lasts from November through March.

More than 28 kilometers (17.5 miles) of track set cross-country trails wind through the scenic Lost Lake, Chateau Whistler Golf Course and Nicklaus North Golf Course trails. Additional track set trails around Whistler Golf Course offer an ideal beginner's route. Cross-country ski trail maps and rental equipment information are available at the Whistler Activity and Information Centre, or by calling one of the following companies direct:

Company Name	Local Phone	Toll Free	Web Site
Whistler Sport Stop	604.932.5495		
Mile High Sport Shop	604.938.7736		
Wild Willies Ski Club	604.938.8036		



Fishing - Fly Fishing - Heli-Fishing - Fly-In Fishing – Sturgeon Fishing

Valley Fishing Guides Ltd.

<http://www.valleyfishing.com/>

Toll Free:

1-877-85-TROUT (87688)

Fax: 604.935.3478

Local: 604.935.3474

E-mail: contact@valleyfishing.com

Mention “**Whistler Accommodation**” when booking and **save 10% on the regular fishing rate!**

Trout:

Rainbow and cutthroat trout abound in lakes and rivers around Whistler. As well, some brook trout can be found in Lucille Lake south of Whistler Village, the only lake in the area with brookies. Trout are fished year round and provide a feisty battle for anglers using light gear.

Dolly Varden:

A member of the char family, Dollies are aggressive fighters and will take you into deep open water given half a chance. Usually a pale pinkish to yellow hue, Dollies have stunning worm-like markings, can easily reach six pounds and are fished year round on local waters.

Steelhead:

In late January steelhead return to local rivers and provide fine fishing through May. Anglers from around the world come to British Columbia to pit their skills against the steelhead. Pound for pound — and we’re talking about a fish that can reach 20 pounds and more — no fish fights harder or longer than a steelhead.

Salmon:

The smallest salmon, pinks only return on odd-numbered years, and 2001 is reported to be a bonus year. Averaging 2-5 pounds, pinks run from August to late September. Fish them with outrageous streamers and lures as long as they’re pink. Coho enter local rivers in September and tend to peak during the next two months. Often exceeding 10 pounds, this beautiful silver fish will jump and dance and fight until your arms are ready to fall off.

The largest member of the salmon family, chinook will top 40 pounds and demand heavy equipment if you want to have a chance of bringing one in for a trophy picture. They return some years as early as March and stay as late as September. Make sure you have lots of line or backing on your reel if you’re going for chinook.

The beautifully ugly sockeye swim upstream to spawn in late August and can be fished into early October. Averaging 8-12 pounds, sockeyes will leave the water like a drunken acrobat and fight you all the way to shore. Not just another pretty face, but fine fishin’ nonetheless. Chum salmon return like buffalo used to — in amazing numbers. From September to November, you can fight 10-15 pound chum until you don’t have any fight left in you. Then get up and do it all over again tomorrow.





Flight Seeing

Breathtaking scenic glacier tours, landings, heli-picnics, backcountry skiing and snowshoeing are all options. Charter service is available from a number of helicopter and floatplane companies.

Company	Local Phone	Toll Free	Web Site
Pemberton Helicopters	604.932.3512	800-701-8744	http://www.cayooshhelisports.ca/
Alpine Adventure Tours	604.932.2705		
Blackcomb Helicopters	604.938.1700		
Western Canadian Heli-Sports	604.938.1700		
Whistler Air Scenic Helicopter Tours	604.932.6615		

Heli-Skiing

If you can ski the Blue (intermediate) runs at your ski area, then you can heli-ski!

Heli-skiing is the perfect activity for intermediate and advanced skiers looking to add a thrilling new dimension to their ski vacation. A range of packages can be booked directly through:

Company	Local Phone	Toll Free	Web Site
Pemberton Helicopters	604.932.3512	800-701-8744	http://www.cayooshhelisports.ca/
Whistler Heli-ski		1.888.435.4754	www.heliskiwhistler.com
Blackcomb Helicopters	604.938.1700		
Tyax Heliskiing	604.932.7007		

Spa

Exploring the many recreational opportunities that Whistler has to offer can be exhausting. A spa treatment is a great way to rejuvenate the weary traveler. Spa treatments are available for women, men and children. Whether you opt for a deep tissue massage, a relaxing herbal wrap or a European facial, you will find what you need to make your Whistler spa treatment (and your vacation) complete.

Company	Local Phone	Toll Free	Web Site
Avello Spa & Health Club	604.935.3444		
Revolution Salon and Spa	604.932.3993		
Whistler Body Wrap	604.932.4710		
Whistler Therapeutic Centre	604.938.4943		